

# Japanese rice consumption drops by 50 %

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《Read Aloud》

Due to changes in dietary habits and the process of Westernization, Japanese now consume an average of about 60 kilo-grams of rice each year, constituting approximately a 50 percent drop during the past 40 years.



Since about 5 years ago, the nation's population has been declining. Thus, the decrease in demand for rice is due to a double whammy - less rice consumption and a decrease in population.

On the other hand, rice is the only grain that the country is capable of producing to meet 100 percent of its needs. Japan relies on imports for about 60 percent of its food on a caloric basis.

**Let's talk about today's topics!!**

Are you always eating rice?

How much rice are you eating?

What do you eat instead of rice?

What is your staple food? (Japanese and Philippines)

Do you like western food? (pasta, hamburger, etc.)

What do you think about this article ?

